The Recipe for Beef Demand

empower consumers for meatcase decisions.

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Pop quiz, ranchers: Which of the following is a beef cut?

- _____Butterfly top
- ____ Sierra cut

Trick question; they all are. Now, match each cut to its respective primal: chuck, loin or rib. Got that? Which should be braised and which broiled? Should you marinate or dry rub? Will 2 pounds feed a family of five?

As cattlemen, you spend every day with the animals that produce this meat. Still, there's no shame in admitting you did not score well on the quiz.

On the other hand, you might say it's a shame that consumers have to deal with those tricky questions when navigating the protein aisle at the supermarket. On a good day, they'll stick around and ask the local meat manager to decipher the beef lingo into edible meal ideas. On a bad day (for you and them), they'll keep walking, right to the poultry aisle where things are simple: boneless, skinless chicken breasts or all-white-meat nuggets. There goes the beef demand your pocketbook so desperately needs.

"As a chef, one of the questions I get asked most by consumers is, 'What do I do with this cut of meat? How do I prepare it?" says Scott Popovic, chef for the *Certified Angus Beef*[®] (CAB[®]) brand. Maybe the butcher decided to get

creative this fall and you're asking the same questions.

"One of the things we wanted to do to answer those questions was create a home on the web that boils all this information down to simple, easy-to-understand information for beef consumers," says Chef Michael Ollier, also with the CAB brand. The web site, *www.certifiedangusbeef.com*, features a new,

interactive beef cuts chart, electronic recipe file and nearly 300 beef recipes that explain the how and why of various cooking methods.

"What we've done is taken each cut and shown consumers, in an appealing way, where they come from on an animal, how to approach them with a cooking



Chefs Michael Ollier (left) and Scott Popovic.

technique and why we are using that technique," Popovic says. The site also features selection tips, alternative names, explanations of regional specialties, and photos of cuts as seen in a grocer's meatcase.

"Consumers are looking for information that will enable them to plan a meal, know what they're looking for when they get to the meatcase, and then go home and turn it into a delicious dinner," Ollier says. "We unrolled all these features on *www.certifiedangusbeef.com* because it's such a valuable service to beef consumers."

Time for another quiz, folks.

Question: What happens when a consumer is educated on quality products? Answer: They become empowered

purchasers.

That, Ollier says, is the key to creating pull-through demand for the Angus ranchers who produce for the brand.

"It is such a long process between where that product is created to where it is cooked," Ollier says. "We want to be a resource on all facets of the beef industry, from helping ranchers understand the best practices for raising high-quality cattle to giving consumers the resources they need to enjoy that product.

"The new web site is really a one-stop shop of resources on beef quality," he continues.

Cattlemen can find producer resources at the company's other site, *www.cabpartners.com*.



Irresistible Sirloin Roast with Blue Cheese Sauce

Here's a fancier twist on a farm-house favorite, and a great example of the hundreds of recipes available on the consumer site.

Ingredients:

- 1 ($2^{1/2}$ -lb.) CAB[®] sirloin tip center roast
- 1 tsp. kosher salt
- $1\frac{1}{2}$ tsp. coarsely ground black pepper
- ³/₄ tsp. dried oregano leaves
- $\frac{1}{2}$ tsp. crushed dried rosemary
- $\frac{3}{4}$ tsp. dried thyme leaves
- ¹/₄ tsp. dry mustard
- ¹/₄ cup balsamic vinegar
- $\frac{1}{3}$ cup blue cheese, crumbled
- 1¹/₄ cups sour cream
- 2 tsp. Lea & Perrins[®] Worcestershire sauce
- $\frac{1}{2}$ Tbs. chopped fresh chives
- $\frac{1}{2}$ tsp. celery salt

Instructions:

- 1. Preheat oven to 325° F. In a small mixing bowl combine salt, 1/2 tsp. pepper, oregano, rosemary, thyme and dry mustard.
- 2. Brush roast with vinegar and rub with herb mixture. Roast uncovered for 1 hour and 10 minutes for medium doneness. Remove from oven and let rest, covered, 10 to 15 minutes.
- 3. Blend or whisk together blue cheese, sour cream, Worcestershire sauce, remaining pepper, chives and celery salt.
- 4. Slice roast and serve with blue cheese sauce.
 - Serves 6.